



ISY STRENGTHS/NEEDS ASSESSMENT TOOL

Last Name: _____ First Name: _____ Date Completed: _____

SPECIAL INTERESTS			
<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> ○ How do you spend your free time? ○ What are your hobbies? ○ Do you play any sports? What types of sports do you like? ○ Do you play a musical instrument? Which one(s)? What type of music do you like to listen to? ○ Do you like to read? What types of things do you read, books, newspaper, magazines? What is your favorite book? ○ Do you participate in any cultural activities? Which one? ○ Do you belong to any clubs or organizations? Which ones? 		<ul style="list-style-type: none"> ○ Do you spend enough time with your special interests? ○ What other hobbies, sports, and activities would you like to pursue? ○ Would you like to join a club or belong to an organization? ○ What kind of new things are you interested in learning about? 	

EDUCATION

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> ○ Are you currently attending school? ○ What school are you attending now? ○ What was your highest grade that you completed? ○ What are your favorite subjects? ○ Have you used computers in school? ○ Do you have a favorite teacher? What does he or she teach? ○ Do you get along well with your teachers/ classmates? ○ Are you currently or have you ever participated in after-school activities? ○ What are your educational plans after high school? 		<ul style="list-style-type: none"> ○ Are there any school subjects that you need help with, which ones? ○ Are there any other issues that you need help in resolving in order to re-connect with an educational program, e.g., conflict with peers, teachers, behavioral issues? 	

EMPLOYMENT

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> ○ Have you ever worked? e.g., community service projects, volunteered, babysitting, etc. ○ Are you interested in any careers? What? ○ Have you ever completed a career interest inventory? What was the name of the interest inventory? ○ Are you comfortable using computer technology? 		<ul style="list-style-type: none"> ○ Are you interested in other types of work experiences? ○ What kind of experiences are you interested in? ○ Are you interested in learning more about technology? Are you interested in finding out more about careers? 	

LIFE SKILLS

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<p><u>TIME MANAGEMENT</u></p> <ul style="list-style-type: none"> ○ How well do you juggle your time between school, work, and home? ○ What are some strategies you use to manage your time? <p><u>TRANSPORTATION</u></p> <ul style="list-style-type: none"> ○ Are you comfortable with your ability to travel between work, school, and home? <p><u>HEALTH & WELLNESS</u></p> <ul style="list-style-type: none"> ○ What kind of things cause you stress? 		<p><u>TIME MANAGEMENT</u></p> <ul style="list-style-type: none"> ○ Would you like help in getting a handle on how to better manage your time? <p><u>TRANSPORTATION</u></p> <ul style="list-style-type: none"> ○ Do you need additional help in getting around the City? <p><u>HEALTH & WELLNESS</u></p> <ul style="list-style-type: none"> ○ Do you need help in identifying ways to handle your stress? 	

PERSONAL & SOCIAL DEVELOPMENT

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> ○ What do you like about yourself? ○ If your best friend was here, how would he/she describe you? ○ Are you comfortable with: <ul style="list-style-type: none"> Meeting new people? Speaking up for yourself at home? Speaking up for yourself at school/work? Speaking up for yourself with friends? ○ Everyone gets angry from time to time. What kinds of things make you angry? What do you do when you get angry? ○ Are you satisfied with the way you handle your anger? ○ Thinking about your future, what are two goals you want to accomplish in the next year? 		<ul style="list-style-type: none"> ○ Is there anything about yourself that you wish was different? What? ○ Would you like to feel more comfortable with: <ul style="list-style-type: none"> Meeting new people? Speaking up for yourself at home? Speaking up for yourself at school/work? Speaking up for your self with friends? ○ Would you like to learn other ways to manage anger? ○ What kinds of help do you need in order to achieve these goals? 	

FAMILY & FRIENDS

<u>STRENGTHS</u>	<i>Record Youth Responses</i>	<u>NEEDS</u>	<i>Record Youth Responses</i>
<ul style="list-style-type: none"> ○ Who do you call family? ○ How is your family involved in helping you prepare for life on your own? ○ In what ways are you helpful to your family? ○ Who are your friends? ○ In what ways are you a good friend to others? ○ Which friends or family members would you go to for help? 		<ul style="list-style-type: none"> ○ Are you satisfied with your relationship with your family? What, if anything, would you like to change? ○ What could your family do to help you now? ○ Are you satisfied with your relationship with your friends? What, if anything, would you like to change? Would you like to develop new friendships? 	